

CHOICES

A treatment program for adolescents



PINE GROVE
OUTPATIENT SERVICES

1-800-321-8750

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What is Choices?

Choices is a treatment program for adolescents, ages 11-17, who are experimenting, using, or abusing drugs or alcohol. It is an outpatient program that is offered in a 12-week format.

When and where is it?

The Choices Program has two different groups:

Mondays and Wednesdays

Mondays and Thursdays

Both groups meet from 4:30 p.m.-6 p.m. The Choices Program meets at the Lincoln Center located at #1 Lincoln Parkway in Hattiesburg, Mississippi.

What are the components of the Program?

- Participants in Choices must attend group sessions twice a week. Individual and Family therapy sessions are scheduled as needed.
- The Choices Program requires each participant to complete 10 hours of Community Service during the 12-week program.
- The Choices Program will randomly drug screen all participants throughout the program.

What type of therapy is used in Choices?

Participants in the Choices Program will be studying and learning from the Cannabis Youth Treatment Model, which is published by the Center for Substance Abuse Treatment.

Participants will also study and learn Moral Reconciliation Therapy (MRT), which is a cognitive-behavioral group therapy designed to help youth make better decisions.

MRT is a highly successful treatment modality that has been implemented in numerous drug courts for youth and adults across the country.

Who pays for Choices?

Blue Cross and some private insurances may pay for treatment delivered in the Choices Program.

We will gladly verify insurance benefits for a potential program participant, and will assist in payment arrangements for those without insurance benefits.

How do I refer an adolescent to the Choices Program?

Contact Pine Grove Outpatient Services at 601-288-8050.

**“The greatest glory in living
lies not in never falling, but in rising
every time we fall.”**

Nelson Mandela