

PINE GROVE INTENSIVE WORKSHOPS

PINE GROVE is pleased to offer the *Intensives Program*, providing workshops designed to help those struggling with a variety of issues. The Intensive Workshops offered at Pine Grove are grounded in a solid twenty-five year foundation of excellence in treating addictive disorders. Our workshops are facilitated by experts in the field of eating disorders, professional boundaries, sexual addiction and codependency.

- **FACING THE SHADOW FOR MEN AND FACING THE SHADOW FOR WOMEN**
Facing the Shadow is a five-day workshop designed for individuals struggling with sexual compulsivity. Participants will gain education, experience group therapy and begin the road to recovery. Cost \$2300
- **BREAKING FREE: HELP FOR CO-DEPENDENCY, ADDICTION AND TRAUMA** is a five-day workshop designed to empower individuals from addictive family systems to release themselves from the bonds of co-dependency. This intensive therapy experience is designed to reveal how painful life experiences hamper our growth, our ability to be honest and nurturing to ourselves and be authentic in our relationships with others. This workshop is ideal for spouses or adult children of addicts. Cost: \$2300
- **MENDING A SHATTERED HEART** is a five-day workshop for people who within the last year learned about their spouses's sexual addiction and who seek tools to guide them through the myriad of feelings and decisions they are confronting. Cost \$2300
- **RELATIONSHIP RESTORATION: COUPLES INTENSIVE WORKSHOP** is a five-day workshop designed for couples seeking a new beginning in their relationship. This workshop focuses on healing old wounds, strengthening current communication styles and discovering strategies for greater emotional connections. Relationship interventions will be tailored to the specific needs within each relationship with the goal of enhanced healing, renewal and intimacy. Each participant will explore learned relationship beliefs by reviewing past interactions with parents, caregivers and friends. Cost \$3800
- **PHYSICIAN PROFESSIONAL BOUNDARIES** is a three-day intensive designed for physicians who have experienced professional boundary crossings and/or violations which have impacted others and one's ability to practice their profession. This seminar includes education for those physicians that have used physical contact inappropriately, pursued a sexual relationship, had inappropriate social or business relationships with staff or patients or been given feedback that professional boundaries require intervention. CMEs offered. Cost \$2000
- **DISPLACED HUNGER** is a five-day workshop for individuals engaging in behaviors with food that is very controlling, out of control or a mixture of both. Destructive patterns with food are often an attempt to tolerate uncomfortable feelings such as stress, worry, depression and loneliness. Unfortunately, over time these strategies come with exorbitant price tags and exact payment physically, emotionally, spiritually, sexually and relationally. Successful recovery from disordered eating often requires professional and specific interventions; this workshop provides both. Cost \$2300

For more information including dates, please call 1-888-574-HOPE or visit us at www.pinegrovetreatment.com.

These workshops are offered at times in locations outside of Hattiesburg. Please call for more information.

One Place. Many Solutions.



PINE GROVE

BEHAVIORAL HEALTH & ADDICTION SERVICES

1-888-574-HOPE

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